



THE MOST EXCITING THING A GIRL WILL FIND AT VEGA IS HERSELF

THE VEGA STAR SHINES HERE

Vega is named after the brightest star in the summer sky. Our 300 acres of pristine Maine forest and mile of majestic lakefront have been a summer home to generations of campers. Since 1936 Camp Vega girls have been way ahead of the curve in becoming confident and capable young women.

Our unusually beautiful setting and unrivaled facilities form the backdrop for Vega's rich traditions and nurturing environment. Since the 1970's, Camp Vega has been owned and directed by the Courtiss family. Kyle and Emily Courtiss are totally committed to the traditions that Linda Courtiss as an owner and now director emeritus has imbued throughout camp.

Emily and Kyle's warmth, spirit and positive energy, work hand in glove to maintain the organized camp culture and program that quickly embraces everyone. Above all, their dedication to safety and developing and maintaining Vega's beautiful campus and broad program all mark Vega as one of the top camps in the Northeast.



Emily and Kyle Courtiss
Directors



"Vega is the place I want to be all the time. Whether it's the beauty of the campus...the sound the gravel makes when you walk on it, the feeling of excitement you have when you get up on water skis... the traditions kept alive...the loon's call, the happy vibe... the counselors that are there for you every day, and the forever-lasting bonds created."

—D.L., 15 years old

Join the celebration of heartfelt **camp traditions...**
Sunset Circles, Big Sister Program, Community Service and Olympics.



GIRLS DISCOVER THEIR FULL POTENTIAL

Camp Vega is for girls who are excited to go to overnight camp, want to have fun and try new things. Vega campers are attuned to the natural environment and how they can respect, preserve and protect it.

Our girls develop a positive self-image, challenging themselves while under the watchful eyes of our superb staff members who help campers set and achieve their goals, while developing strength, confidence and life-long friendships.

The most exciting thing a girl will find at Vega...is herself!





Sports heaven and professional coaching and
glorious Maine weather.

Our **beautifully groomed,**
irrigated soccer, softball, lacrosse,
field hockey fields & facilities will wow you!



BE PART OF A TEAM!

Vega's coaches focus on skill development, teamwork, safety, and fun. Our inter-camp program invites all campers to join our teams. Meets and tournaments are organized with regional camps and we host numerous invitational events. We encourage Vega campers to join in.



Our large indoor **fieldhouse**
means **play never ends.**



Perfect balance...
structure and choice for each girl.

Experienced coaches focus on **skill development,**
teamwork, safety, and fun.



Eleven immaculately maintained hard-surface
tennis courts are **always action packed.**



Quick Start lines and tennis balls
USTA sanctioned Match Site.



State-of-the art
SKI Boats.

Our **Waterfront Paradise**
awaits you!

We love
First Timers!

**WATER, WATER
EVERYWHERE**

It's hard to imagine a more picturesque waterfront than Vega's! Echo Lake is clean and warm – 80 degrees – and it's visible from almost everywhere! Girls of all levels have a super time and hone skills at our wide array of activities. Our water zip line, diving boards, waterslides, and more ensure an exciting, fun-filled time for everyone!

New swimmers love our shallow, wood-bottom instructional area, while more advanced girls appreciate our starting blocks and wave-less lanes. Enthusiastic girls on sailboats, paddleboards, kayaks, canoes and more are seen confidently exploring Echo Lake. Spend time with new friends on our beautiful ski boats and learn to water ski on a boom, slalom, wake board, wake surf or even fly over our ski jump!

Vega

a great place to learn!

Safety...learning **Fun!**

Our **sandy beach**
is great for building sand castles.

**SOAR TO GREAT HEIGHTS
IN OUR FIRST CLASS
GYMNASTICS FACILITY!**

Campers overlook Echo Lake as they flip, leap and twirl on our spring floor and bounce on our Tumble Track. All equipment meets the highest standards, and our enthusiastic gym staff helps girls hone current skills while acquiring new ones. Advanced gymnasts often join our team, The Vega Stars, who compete in tournaments throughout the summer.

Spectacular dance and gymnastics shows are summer highlights. Our coaches are certified in safety and instruction.

**FROM HIP HOP TO
JAZZ AND BALLET**

Our high ceilings and sturdy floors, great mirrored walls, barres and first-rate sound systems further enhance dance for our girls. Our professional and talented staff offers so many options for girls to explore. While their creative, and fun dance routines motivate everyone to get ready for Vega's highly anticipated Dance show.



Music at Vega... hitting all the
right notes.



Get in the
spotlight.

Endless creativity.





Days filled with
smiles, hugs and **laughter.**



Campers feel welcomed,
safe and **loved**
in their summer home.



Proud to be
Green and White...
Girls and their parents love
our Uniforms!

Our Modern, Well-equipped, Medically staffed
Health Center ensures **prompt, expert care**
and attention at all times.



Cabin counselors are a **loving, supportive**
presence throughout the day. Then they **tuck their**
girls in and stay with them at night.



Our **stellar staff** are fine role models,
exemplifying **empathy,**
gratitude and **kindness**

Campers
positive self-image
grows day by day.



Challenge yourself and **gain confidence**
in an exciting, safe environment

"It just looks like a place....
that you'd always wanted to go to."
—Dana, 7 years old

Fly as high
as you choose



Weekly cabin **cookouts** in our **woods**

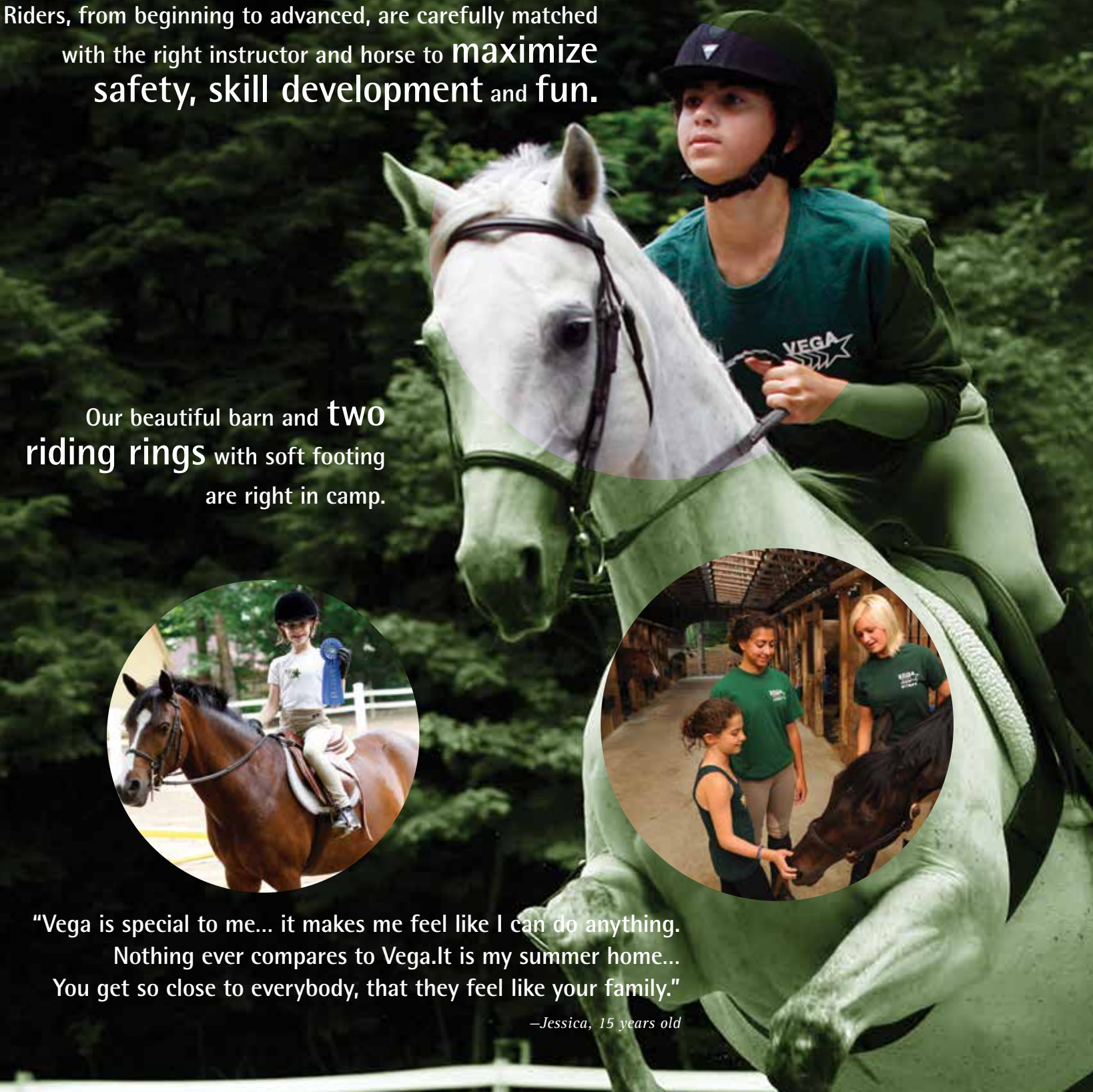


Maine means incredible
natural beauty

All summer long, campers **live in the**
moment and **communicate**
"screen free"!



Stories and **s'mores** shared around the **campfire**
become campers' longest lasting and **sweetest memories.**



Riders, from beginning to advanced, are carefully matched with the right instructor and horse to **maximize safety, skill development and fun.**

Our beautiful barn and **two riding rings** with soft footing are right in camp.



"Vega is special to me... it makes me feel like I can do anything. Nothing ever compares to Vega. It is my summer home... You get so close to everybody, that they feel like your family."

—Jessica, 15 years old



Buffet selections, salad bar, sandwich and pasta bars, and soup station mean **lots and lots of choices!**

Local and organically sourced allergy friendly

Three healthy daily snacks served between meals and in the evening.



"Last year, was my first year and it was **awesome.** I met the most amazing friends."

—Elle, Vega camper, 10 years old

Girls **love** culinary arts...farm to table from our organic garden.



Adventure Course
Archery
Arts & Crafts
Basketball
Camping
Canoeing
Ceramics
Climbing Wall
Crew
Culinary Arts
Dance
Digital Photography
Diving
Equestrian
Field Hockey
Figure Skating

GaGa
Golf
Gymnastics
Hiking
Jewelry
Kayaking
Lacrosse
Mountain Biking
Music
Organic Gardening
Outdoor Adventure
Paddle Boarding
Pottery Wheel
Rock Band
Rock Climbing
Sailing



Soccer
Softball
Spinning
Studio Recording
Stunting
Swimming
Tennis
Track and Field
Trips
Volleyball
Wakeboarding
Water Skiing
Water Ski Jumping
Water Zip Line
Yoga and Pilates
Zip Line



Join Us

Historic and beautiful Echo Lake marks the midway point in 30 miles of the Belgrade Lakes Region, and is recognized by the Department of Interior as one of the cleanest lakes in Maine. Come see for yourself! We welcome families to tour throughout the summer.

Please contact us to set up a personal visit with your daughter. 1-800-838-VEGA.

Contact

Kyle and Emily Courtiss,
Owners, Directors

Linda Courtiss,
Owner, Director Emeritus

Winter Office

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